# MAKE A PILGRIM BAG

Or, A Historically Accurate Place to Hide Your Phone By Kat Zamboni, Shire of Roxbury Mill

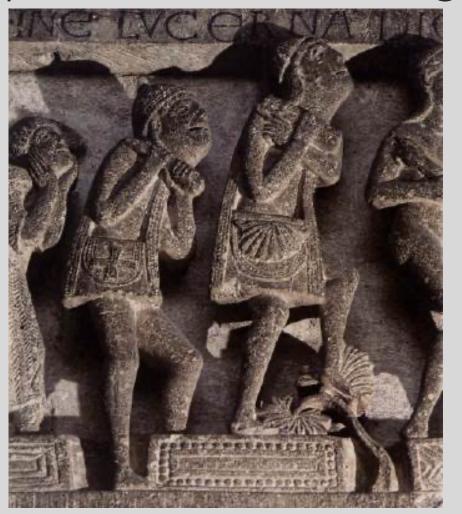
## Agenda

- What is a pilgrim bag?
- Squarish double bag
- Trapezoid shape
- How were they decorated?
- Hand-sewing v. machine sewing
- Sew-Along

### What is a pilgrim bag?

- A scrip was a small medieval bag or purse, which was used to carry food, utensils, or money.
   Scrips could vary in size and shape, and the flaps were decorated according to the wearer.
- Numerous medieval illustrations show pilgrims with scrips that have a shoulder strap.
- Material
  - Wool (best with a linen lining, because wool will stretch)
  - Linen
  - Leather
    - SCA Compleat Anachronist Leathercraft for Common Usage in the SCA Marketplace
- See <u>Medieval and Renaissance Material Culture: Pilgrims' Bags</u>

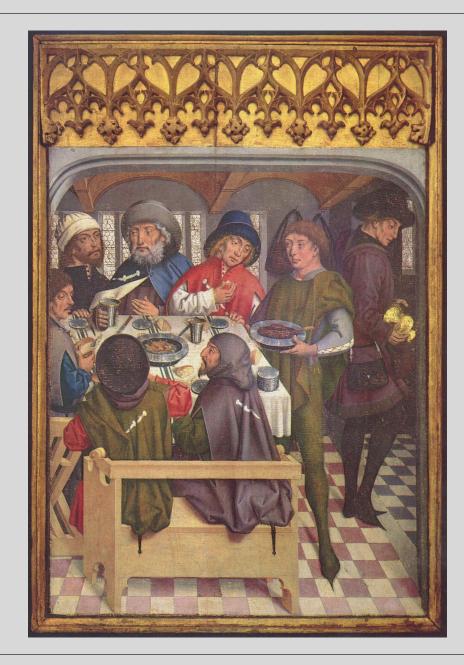
#### Squarish Double Bag



#### • Pilgrims

1120-30
 Stone
 Cathedral of Saint-Lazare, Autun

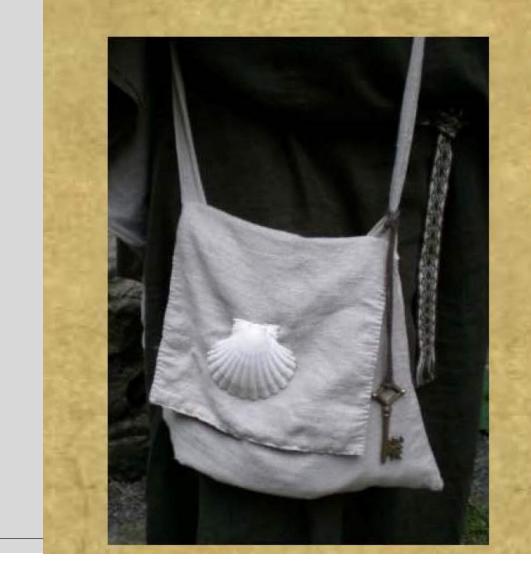
 The picture shows a detail of the tympanum in the Cathedral of Saint-Lazare



Meal of the Pilgrims by Friedrich Herlin, 1466



Die Pilgertasche (Teinen, mit Wollstoff gefüttert, Iacobsmuschel und Schlüsselreplik))





Kathedrale Santiago de Compostela ?

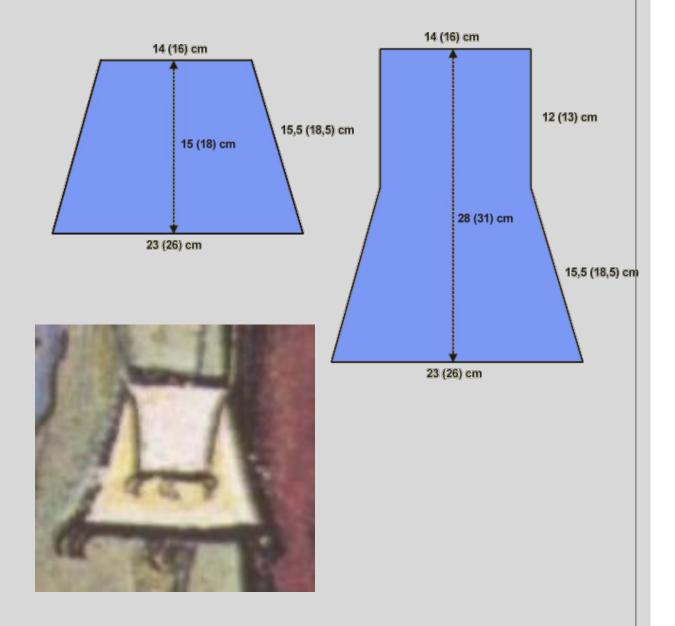


### Trapezoid Shape

- <u>Mittelalterliche Umhängetasche</u>
- Trapezoidal Bag
- <u>A Pilgrim's Alms Satchel</u>



the Gibeonites suing for peace with Joshua, from leaf 10 of the <u>Maceijowski Bible</u>, Poland, ~1250 C.E.



#### How were they decorated?

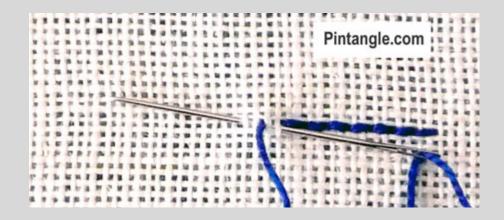
- Embroidery
  - See <u>Cunnan: Embroidery</u> for SCA links and resources.
  - Easier to embroider if you do it before sewing the bag together.
  - Find designs on scribal coloring pages or from history such as celtic knots or embroider calligraphy letters.
- Embroidered trim and badges
  - Embroider on a separate piece of fabric or create a trim and hand sew it to the bag, and then you can remove the trim or badge before washing the bag or move it to a new bag.
- Beads and shells
  - <u>12 Basic Bead Embroidery Stitches</u>
  - Beadwork Embroidery
- Fabric painting
  - Painting on linen info and resources
  - SCA Compleat Anachronist Techniques of Medieval and Renaissance Painting in the SCA Marketplace
- Tassels
  - How to Make Tassels





#### Hand sewing v. Machine sewing

- For a functional bag, machine sewing can be stronger.
- If you are entering an A&S event, you should use historical methods, which means hand-sewing.
- My preferred method for SCA non-entries: machine sew the hidden stitches, and hand sew anything visible.
- Hand stitches
  - Backstitch is the strongest. See the <u>Crafty Maria tutorial</u> for pictures and stories about backstitches.



# Sew-Along

Note: In sewing, clothing can be off by ½ inch and be fine. Bags can be off by as much as 1 inch and be fine.

- 1.Gather equipment and supplies.
  1.Fabric: 60 inches by 14 inches Cut 1
  2.Fabric: 60 inches by 5 inches Cut 1
  3.Contrasting thread
  4.Needle
  5.Thread sciences
  - 5. Thread scissors

#### Sew-Along, cont.

- 2. Fold the smaller fabric in half along the long length. Baste down the long length.
- 3. Safety pin the ends together to make a loop. Set aside.
- 4. Spread the large piece of fabric out on the table.
- 5. Fold over the short edges twice to create a 1/2" hem and baste. (You may not need to if the selvage is the edge.)
- 6. Fold over both ends to almost meet in the middle, with two inches separating them.
- 7. Baste around the edges.
- 8. Drape the bag over the strap so the strap supports the middle of the bag with a pocket on each side.
- 9. Adjust the safety pin on the strap until the bag feels right, resting on your hip. Measure the length of the strap.

- 10. Finish the raw edges and turn the bag inside out so the seam edges are hidden.
- 11. Turn the strap inside out and hand sew into a loop. Be careful about the length to match your earlier measurement.
- 12. Sew the strap to the bag. Insert a piece of leather or felted wool between the strap and bag to stiffen it if you wish.

<sup>9.</sup> Sew the basted seams tightly so the seams can bear weight.